



Bloom ABA

IEP TEMPLATE

IEP Goal-Writing Workbook

SMART goal templates and sample language for your child's Individualized Education Plan.

What makes a goal "SMART"

A well-written IEP goal is Specific, Measurable, Achievable, Relevant, and Time-bound. Vague goals like "will improve reading" are hard to track and easy for a school to quietly deprioritize. Specific, measurable ones hold everyone accountable.

- ☐ Specific — names the exact skill, not a general area
- ☐ Measurable — includes a number, percentage, or clear observable criterion
- ☐ Achievable — realistic for your child's current level, with support
- ☐ Relevant — actually matters for your child's daily life, not just a checkbox
- ☐ Time-bound — has a review date, usually one term or one school year

Goal-writing template

Use this structure to draft a goal before your meeting, then compare it against what the school proposes.

TEMPLATE

By [date], [child's name] will [specific skill], with [type/level of support], as measured by [how it will be tracked], in [] out of [] observed opportunities.

Sample goal language by domain

- Communication: "By June, Arjun will use a 2-word phrase to request a preferred item, with a visual prompt, in 4 out of 5 observed opportunities."
- Academic: "By the end of term, Maya will independently complete a 3-step written math problem using a number line, in 8 out of 10 trials."
- Social: "By January, Leo will initiate a greeting with a peer during structured activities, with one verbal prompt, in 3 out of 5 opportunities."
- Self-regulation: "By June, Priya will use a visual calm-down strategy when upset, with adult modeling, in 4 out of 5 observed instances."

Your goal, drafted

By _____ (date), _____ (child's name) will
_____, with
_____ (support level), as measured by
_____, in _____ out of _____ observed opportunities.

Before the meeting

- Bring 2-3 drafted goals in your own words, even if imperfect — it gives the team something concrete to react to
- Ask how progress will actually be tracked and how often you'll see the data
- Request the current goals in writing ahead of time so you're not reading them cold

Used by families and educators across Ontario. Bloom ABA can help translate your child's therapy goals into IEP-ready language — book a free session at bloomaba.ca/contact.